

Founded in 1985, the Children's Clinic is the **outpatient component** of Cutchins Programs specializing in treating **trauma** experienced by children and adolescents.

Our Partners

We are a proud partner agency with the United Way of Hampshire County.

We are also contracted with the Department of Mental Health (DMH) and the Department of Children and Families (DCF) to provide therapeutic services to children and families with the highest needs in Western Massachusetts.



Contact Us

Parents and referral sources, please contact **The Children's Clinic** about the needs of each child:

(413) 587 3265
aharrison@cutchins.org

15-17 Brewster Court
Northampton, MA 01060



www.cutchins.org
[@cutchinsprograms](https://www.instagram.com/cutchinsprograms)

"This is one of the most dedicated, knowledgeable and skilled therapeutic centers anywhere in Western MA. The support and encouragement I got from my son's therapist was incredible, something I really needed as a struggling single parent trying to help my ADHD child.

My son still reminds me of little nuggets of wisdom his therapist said to him way back in the beginning of their time together when he's stressed or stuck."

~Clinic Caregiver

About the Clinic

Who We Serve

The Children's Clinic provides **outpatient mental health services** to children and families experiencing a broad range of emotional and behavioral challenges.

Our clinicians serve children of all ages, including very young children (0-6), latency-aged children (7-12), and adolescents (13-18).

A distinctive feature of the Children's Clinic is **our commitment to long-term trauma and attachment work** that supports children and their families as their needs change, but do not disappear over time.

Therapeutic Support

Play Therapy • Art Therapy • Narrative Therapy • Psychodynamic Therapy
Dialectical Behavior Therapy (DBT) • Cognitive Behavior Therapy (CBT)
Attachment & Regulation Competency Therapy (ARC) • Group Therapy
Occupational Therapy • Neurofeedback • Neurological Assessments
Family Therapy & Parent Support • Medication Assessment and Management



What to Expect

Children are carefully matched to the expertise and availability of each clinician. Children are typically seen for weekly therapy at the clinic.

The Clinic seeks to support each family holistically and provides support across school, home, and the community. We connect with each family to co-create their goals and visions for what treatment can look like, and tailor treatment to each child's specific and unique needs. We believe in providing what each child needs, for as long as they need it.

