

TEAMWORK!

ISSUE 24 / SPRING 2025

A QUARTERLY CHILDREN'S
CLINIC AND FLEX NEWSLETTER
FROM OUR TEAM TO YOURS



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SPRING IS HERE

The twenty fourth issue of our Children's Clinic and Flex Team Newsletter is here!

You can find all our newsletters printed in the waiting room at the Clinic, and archived [here](#) on our [WEBSITE!](#)

Want to unsubscribe from this newsletter? No problem! E-mail lgray@cutchins.org and we will remove you from the mailing list.

This newsletter has been made possible through our agency partnership with United Way of the Franklin & Hampshire Region.

United Way of the
Franklin & Hampshire Region



 Cutchins Programs
for Children & Families

LETTER FROM THE DIRECTOR

Hello Clinic and Flex Families,

We are happy to send along our Spring 2026 newsletter. This Spring truly feels like Spring around the Clinic, plants are sprouting up out front, and we are moving things around and reorganizing in preparation for our move to the first floor. It is the best, and most exciting, version of Spring Cleaning I have ever been a part of.

This newsletter contains many updates and information. In addition to our regular “Staff Picks” and “Meet the Team” sections, there is info on:

The plans for our move into the first floor of the Clinic (it’s happening!!). A reminder after we move, you will use the reception and waiting room on the first floor from here on out. It will be a big adjustment, but we can do it!

An invitation to join us at our Ribbon Cutting ceremony for the first floor, scheduled for Monday April 6th at 11 am. We can’t wait to celebrate this BIG step for the Clinic!

Our Cutchins Dancing with the Local Stars event, coming up Friday April 17, get those dancing shoes ready!

As always, thank you for entrusting your child’s mental health care with the Clinic. With our expansion, we are looking forward to being able to better meet the needs of the youth and families in our region, and are glad to have you here with us!

With Kindness,

~Amanda Jenkins Harrison, LMHC
Vice President of Community Services



CLINIC EXPANSION!

IT'S OFFICIAL!!!

*The Clinic will be occupying the ground floor from **Monday, 3/30/26** onwards.*

The waiting room will move to the ground floor.



RIBBON CUTTING - OUR MOVE DOWNSTAIRS!

**Grand
Opening**

 **Cutchins Programs**
for Children & Families



Ribbon Cutting
Monday April 6th
11:00 am

PLEASE JOIN US for our Ribbon Cutting Ceremony,
as we celebrate the opening of the first floor of
The Children's Clinic.

We are thrilled to expand our space and capacity
to provide high quality mental health services to
youth and families in our area.

Light refreshments and tours of the new space
will follow the Ribbon Cutting.

The Children's Clinic
15/17 Brewster Court
Northampton MA

Metered parking available:
at the Hampton Lot
or in the Parking Garage

Heads Up!!!

The EJ Gare Parking
Garage has closed the
4th and 5th floors for
structural issues as of
3/22/26

You may need to give a little
extra time to find parking for
your appts



There is parking in the
Hampton Ave lot and the
Old South St lot.

SAVE THE DATE-DANCING WITH THE LOCAL STARS

You're invited to
Cutchins' Annual

DANCING
with the **local STARS**
Old **HOLLYWOOD** *Glam*

PERFORMANCES • AUCTION • DINNER

Join us for an unforgettable evening of glamour, community, joy, and generosity in support of local children and their families.

Hotel Northampton
36 King Street
Northampton, MA

FRIDAY, APRIL 17, 2026

VIP 5 – 10 PM
6 – 10 PM

LINK

cutchins.org

 **Cutchins Programs**
for Children & Families

[@cutchinsprograms](https://www.instagram.com/cutchinsprograms)



Binda Colebrook

Pronouns: she/her

Position: Supervisor

I've worked here: 18 years

**Describe your job,
what do you do?**

I began my work at the clinic as an outpatient therapist. Over time I also began to supervise other clinicians. At this point, I no longer see kids and their grown ups at the clinic, but I still supervise other clinicians.

What do you love most about your job?

I love thinking deeply and clinically about cases with my colleagues and with my supervisees. I also love supporting the clinical growth of other clinicians.

What's a fun fact about you?

I also make art!

Gina's Pick: [Mindspringhealth.org](https://mindspringhealth.org)

Through free, community-centered webinars, MindSpring Mental Health Alliance makes mental health education accessible to everyone. Their sessions provide practical tools, shared learning, and supportive conversations that improve wellbeing, build resilience, and help individuals and organizations foster more connected, caring communities.



**BOSTON
PUBLIC
LIBRARY**

eCards and Online Resources



Anyone who lives, works, or goes to school in Massachusetts can register for a free Boston Public Library eCard at bpl.org/ecard and gain access to a wide range of digital resources covering newspapers, magazines, streaming media, genealogy, and more.

Manny's Pick: Boston Public Library eCards

A great resources for students, caregivers, and anyone looking to expand their access to mass media literacy.

Clover's Pick: Ted Plimpton's Podcast on Anxiety and OCD

Dr. Ted Plimpton, local expert on childhood anxiety and OCD, offers this extensive resource with both his own insights and interviews with colleagues.

Many of the podcasts are short and accessible for parents.
<https://drtedplimpton.com/my-podcast-arranged-by-topics>