

Three Rivers is the **only** Clinically Intensive Residential Program (CIRT) in Massachusetts for children until 13. Three Rivers offers a unique, home-like environment for children to learn, heal and grow.

Referrals...

All referrals to Three Rivers come directly from the Central Office of the Department of Mental Health. Children **must be referred** while admitted to an acute care setting such as a Community Based Acute Treatment Program (CBAT) or hospital-based psychiatric program.

Three Rivers is **licensed by** The Department of Early Education and Care and **accredited by** the Joint Commission



Three Rivers

Contact Us

Parents and referral sources, please contact **Three Rivers** about the needs of each child:

(413) 733-4032



52 Old Bay Road
Belchertown, MA 01007

www.cutchins.org

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for Children & Families



About Three Rivers

Who We Serve

Three Rivers is a **Clinically Intensive Residential Treatment Program (CIRT)** offering the most intensive residential treatment setting in Massachusetts for children under the age of 13. Three Rivers is currently the only CIRT in the state, and serves children 6-12 years old.

Three Rivers utilizes multi-dimensional modalities of treatment that are rooted in learning fundamental skills that develop in relationship with others, including safety, belonging and self-respect. In the few months that a child lives at the program we work to help them and their family to grow in their ability to enjoy positive and helpful relationships, to manage stressful feelings, and to recognize and champion their own values and strengths.

What to Expect

Distinguishing program features:

- 1:2 Staff to child ratios (Senior Counselor, Nurse, and 4 Family Support Counselors for 12 children)
- Stringent licensing/accreditation standards for the clinical staff and for the program
- Frequency of therapy sessions: individual, family and group
- High level of involvement of the program psychiatrist
- Located on 5 acres in a serene environment
- Sensory Room

Therapeutic Support

Three Rivers centers **trauma-informed care** at the heart of its therapeutic approach, providing a range of services that include: individual therapy, family therapy, psycho-educational groups, Occupational Therapy (OT), nursing services and psychiatry.